



Preschool Press



Principal's Message

Dear Parents,

As we approach the winter months please be aware of the temperature and make sure your child is dressed to go outside every day. If the temperature or wind-chill drops below Ten degrees, the **Preschool Classroom** children do not go outside. Remember :

- ✓ Hats
- ✓ Mittens
- ✓ Boots
- ✓ Snow pants

A look ahead – In January we begin planning for the Transition to Kindergarten. Please watch for important information to

Your Child will be eligible to begin Kindergarten ...	If their Date of Birth is on or before...
Fall 2020/2021	09/01/2015

come home.

Based on these cut-off dates, if your child's birth date falls between 9/01/2015 and 12/01/2015 they will be eligible to attend AAPS Preschool and Family Center for another school year.

If your child is eligible for Kindergarten next school year, please be on the look out for upcoming Parent Meetings. For parents of children receiving special education

supports/services **The Road to Kindergarten** will be January 23rd, 2020 6:00-7:00 PM. At this meeting you will receive an overview of Kindergarten programs in AAPS along with the various support, services, and/or programs available to children who require special education support. Unfortunately, No childcare will be available.

December can sometimes bring severe weather, so we wanted to inform you of our school closing policy and how this is communicated to our families. When winter weather causes school closings for Ann Arbor Public Schools, or bus service cancellations, announcements are made over various radio and television stations;

TUNE INTO:

LOCAL TV STATIONS: 2, 4 & 7

WAAM-1600AM

WTKA-1050AM

WQKL - 107.1FM

WUOM-91.7FM

WEMU-89.1FM

WJR-760 AM

You may also receive an automated call from our School Messenger System. Make sure we have correct email and phone numbers on file. Contact the Preschool Office @ (734) 994-2303 if you have a new phone number or email.

We also have a School Closing HotLine at; 994-8684 or check the district web page; <http://aaps.k12.mi.us>

Nurses Corner

When Should a Child be Kept Home or Sent Home from School for Illness?



Washtenaw County
Health Department



Parents often ask when a child should be kept at home or sent home from school or childcare for illness. Here are EIGHT reasons a child should stay home or be picked up from childcare or school as soon as possible.

1. **Severely ill appearance:** This could include a child that is not himself or herself, persistent crying, or difficulty breathing.
2. **Fever:** A child with a temperature of 101°F or greater. The child should not return until 24 hours of no fever, without the use of fever-reducing medications.
3. **Diarrhea:** A child has two loose bowel movements, even if there are no other signs of illness. The child should have no loose stools for 24 hours prior to returning to school. **Exception:** A healthcare provider has determined it is not infectious. Diarrhea may occasionally be caused by antibiotics, new foods a child has eaten, or teething. Call the parent to find out if there is a non-medical reason for the loose bowel movements.
4. **Vomiting:** A child that has vomited two or more times. The child should have no vomiting for 24 hours prior to returning to school. **Exception:** A healthcare provider has determined it is not infectious.
5. **Rash:** Any rash illness and fever should be checked by a health care provider. Exclude until the rash subsides or until a healthcare provider has determined it is not infectious. There are different rules for returning to childcare or school depending on the cause of the rash. A child with scarlet fever should be treated with antibiotics for 12 hours (at least 2 doses) before returning to childcare or school. If a health care provider diagnoses a child as having Fifth disease, the child does not need to stay home if s/he feels well. **Exception:** Allergic rash and mild diaper rash that are already known to the parent are not reasons to send a child home or keep a child home.
6. **Injury:** Whenever an injury is serious enough to need a health care provider's attention, a parent should be contacted to take the child home.
7. **Skin sores:** A child with weeping sores on an exposed area that cannot be covered with waterproof dressing.
8. **Certain communicable diseases:** Children and staff diagnosed with certain communicable diseases may have to be excluded for a certain period of time.

Caregivers should:

- Isolate children if they have any of the above symptoms.
- Wash hands well to prevent the spread of disease to caregivers and other children.
- Use a paper towel to turn off faucets and open bathroom doors and then dispose of the paper towel in the wastebasket.
- Encourage parents to keep children home if they are ill.

While not an emergency situation (no need to have the child picked up immediately), children with the following diseases should remain at home until successfully treated: impetigo, lice, ringworm, and scabies.

This fact sheet is for information only and is not meant to be used for self-diagnosis or as a substitute for consultation with a health care provider. For more information contact your health care provider or visit the Centers for Disease Control and Prevention at www.cdc.gov.



INDOOR FUN FOR THE WINTER WEATHER!

By Kathy Gaines, PT

Winter break can mean long days at home, and even though outdoor time is recommended for children all year long, some days can be just too cold! Here are some indoor exercise ideas to keep you and your preschoolers active and fit while the snow falls and the wind blows outside!

- * Stay home and play **movement games** like Simon Says, yoga poses or imitating animals (hop like a bunny, walk like a bear).
- * **Hide** puzzle pieces around the house or make an **obstacle course** to get from the pile of pieces to the board to add some movement to an otherwise stationary activity.
- * Look for exercise or dance **DVDs and CDs** for children at the library. There are also great movement songs, yoga poses and dances on YouTube for kids. Even just playing music CDs makes most kids want to get up and dance! If you're playing the satellite radio or Pandora, play Radio Disney or Kids Bop, which edit lyrics of popular songs for young listeners.
- * Head to **Briarwood Mall** to go for a walk or play in the play area near Von Maur.
- * **Urban Toddler** in Saline (7025 E. Michigan Ave., 944-3628) has an imagination-driven play area with lots of props and toys for 0-5 year olds to play for hours. Admission is about \$10/child, \$7.50 for additional siblings.
- * **Chelsea Treehouse** in Chelsea (1101 S. Main St., Chelsea, MI 48118) is another climbing café that is great for younger and older children. They offer lots of food for purchase, and admission is about \$7 for 1-15 year olds.
- * **Gym America** has moved to a new facility at 5555 Hines Dr., Ann Arbor 48108, and has Preschool Playtime Mondays and Fridays (September-June) from 9:45 a.m. to 10:45 a.m. for \$5/child (cash only) for new walkers to 4 year olds. Parents must stay with their children during playtime. Although there is no Preschool Playtime when school is cancelled due to weather, this is a great idea for those no-school Fridays! Call to confirm (971-1667).

Remember, when heading out to play at indoor play areas, keep the kids home if they aren't feeling well. Always encourage your child to wash his or her hands or use hand sanitizer frequently, especially before they eat and when they are done playing, since the winter season also means cold and flu season!

We would like to express our thanks to:

Arbor Church for providing Thanksgiving Meals
for some of our families!

&

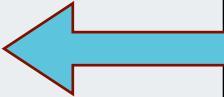
Tree Town Pediatric Dentistry for a lovely basket.

End of Day Plan Changes

Any changes to your child's End of Day schedule must be called in before 3:15 pm. When calling in to change the normal routine please make sure to tell us whether your child normally rides the bus and whether someone other than usual, will be picking up. Morning Office hours begin at 8:00. If you are calling before 8:00 please leave a message on our Absence Line, we check it often.

If you need Bus Information please call: 734- 994 -2330.

December 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9	10	11 Transportation changes due for January	12	13
16	17	18	19  Winter Break begins at the end of the school day.	20
23	24 	25	26 	27
 No School! Winter Break! 				
30	31	January 1	2	3 No School Winter Break School resumes Monday, January 6th, 2020
				



Help Your Child Succeed in Preschool: Build the Habit of Good Attendance

Early School Success goes hand in hand with good attendance!

DID YOU KNOW?

Showing up on time every day is important to your child's success and learning from preschool forward.

Missing 10 percent of preschool (one or two days every few weeks) can

- Make it harder to develop early reading skills.
- Make it harder to get ready for kindergarten and first grade.
- Develop a poor attendance pattern that's hard to break.

High quality preschool programs have many benefits for your child. The routines your child develops in preschool will continue throughout school. You can make the most of preschool by encouraging your child to attend every day!

WHAT YOU CAN DO

Work with your child and his/her teacher to help your child develop strong attendance. Your enthusiasm is a big boost to success.

Talk about it – sing about it – make it an adventure!

- Set a regular bed time and morning routine
- Lay out clothes and pack backpacks the night before
- Share ideas with other parents for getting out the door on time

Before the school year starts:

- Find out what day preschool starts and start the exciting count down!
- Make sure your child has the required shots.
- Attend orientation with your child to meet the teachers and classmates.

Ready – Set GO!

- Develop back-up plans for getting to preschool if something comes up
- Ask family members, neighbors or other parents to lend a hand if you need help dropping off or picking up your child
- Schedule medical appointments and extended trips when preschool is not in session
- If your child seems anxious about going to preschool, talk to the program director, teacher, your doctor or other parents for advice. If the problem persists, make sure the program is a good fit for your child.





- ✓ **SHOP**
- ✓ **DONATE**
- ✓ **SUPPORT**
- ✓ **FUNDRAISE**
- ✓ **VOLUNTEER**

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Supporting Ann Arbor Public Schools and its Students Since 1993

Shop Happenings December 2019 – March 2020!

- ❖ Hey Students! Do you need Service Hours?
Volunteering at our shop is a fun way to earn them!
- ❖ Need help getting into the Holiday spirit?
We have everything you're looking for!
- ❖ Does winter have you feeling restless? Treat yourself!
Shop our Martin Luther King Day Sale on Monday,
January 20, 2020, 9am-7pm, and Save 50% OFF Everything!
- ❖ We support all students in AAPS – your support is the key to success!



**Don't forget to visit our Showcase,
where you'll find unique and
collectible treasures every day!
(Located next to our Donations Door)**



SHOP HOURS: MON-FRI 10-7 / SAT 9-6 / SUN 11-5

DONATION HOURS: MON, THU, FRI 10-6 / CLOSED TUES & WED / SAT 10-5, SUN 12-4

Call **734-996-9155** to schedule a FREE Furniture Pickup

